

Module 1: Lesson Plan Details

WALKING SAFELY NEAR TRAFFIC



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Discussion 1

DEFINITIONS

Today, we are going to talk about being a safe pedestrian. Raise your hand if you have...

- Walked to school, a friend's house, the store, library, park, etc.
- A pedestrian is a person who walks.

Display picture/powerpoint



- Can everyone repeat, "Pedestrian" with me please? "Pedestrian"

We all now know what a pedestrian is, right? A pedestrian is someone who travels by foot. We need to be sure we are safe pedestrians. Usually, we are not the only people trying to get around.

Cars, buses, trucks, and other vehicles also have to get places like we do. These vehicles are called traffic.

Display picture/powerpoint



Can you give me some examples of other kinds of traffic?

Yes, *(list some of their examples)* are all parts of traffic. Pedestrians walk near traffic.

Now let's watch a video about how to walk safely near traffic.

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Video

WATCH VIDEO 1



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Discussion 2

WALKING SAFELY NEAR TRAFFIC



BEING A SAFE PEDESTRIAN

Let's imagine we are walking together to the library (or school or the park...) and we can hear the traffic zooming past us. Let's brainstorm some rules together for walking near traffic, some were listed in the video. In other words, what are some good ways to be sure you are being a safe pedestrian?

Use pictures and props to help prompt students here to make sure you cover everything.



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Discussion 2 *continued***WALKING SAFELY NEAR TRAFFIC**

1. Walk, don't run.
2. Use a sidewalk if there is one.
3. When there is no sidewalk, walk on the left side and face the traffic.

Ask for volunteers to be "traffic". Show what it looks like with your back to traffic as the volunteers drive, then show what it looks like to walk facing traffic as the volunteers drive. Mention that you can make eye contact when facing traffic.



4. Watch out for cars backing out of laneways. How can you tell if a car is backing out of a laneway? What colour are its lights? (White)
5. This is not a time to play, push and fool around with friends.

6. Keep balls and other toys in your hands or a bag. What are some other ways of carrying your toy so you avoid playing with it?
7. What do you do if a ball or other toy goes into the street, or if your pet runs out into the street?

Take answers from 4 – 6 students. Reiterate that an adult should go retrieve the item.



8. Make sure you can hear the traffic (i.e., earphones).
9. Keep your eyes up! (i.e., Avoid looking down at a book, ipod or cell phone or playing with a toy.)
10. Remember that these rules apply to parking lots too. People walking around cars that are parked or driving in parking lots are still pedestrians.

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Discussion 3

CROSSING THE STREET

Raise your hand if you have ever crossed the street!

- Why did you cross the street?
- How big was the street you crossed?
- Do you think you should cross the street alone or with an adult?
- Who are some adults you can cross the street with?
- Why should you always cross the street with an adult?

Explain that an adult helps you to get big because there is more to see when there are 2 people.



Display the '5 steps to crossing the street' slide on the Powerpoint.



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Discussion 4

INTERSECTIONS & CROSSWALKS



So let's say you are walking safely with an adult and want to cross the street. Can you cross anywhere on the road? No – that's right – there are special places where it is safe for you to cross.

Who can tell me what this is?

Display picture of traffic light and stop sign



Who can tell me what this?

Point to Stop Sign



Who here has crossed the street before where there was a traffic light or stop sign?

Display pics of intersections and cross walks.



What is it called when there is a traffic light or a stop sign? **An intersection.**

And there are lines painted on the road at intersections and signs like this — what do you think these are called?

Display Cross walk sign and pic of intersection with lines on the road.



Where do you think you should walk when there are lines painted on the road? **Between the lines.**



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Activity

WALLY WALKER STORY



Now let's read a story. This story is about Wally Walker. He is walking to school today. Let's help Wally get to school safely.

Read through the Wally Walker story with students. Have them choose what he should do where indicated. Discuss which choice is safer.

